### Kerala Pharmacy Graduates' Association

## **Activity Report 2023-2025**

It gives me immense pleasure to present the activity report of KPGA for 2023–2025.

1. Independence Day Celebration August 15, 2023:

KPGA student's wing conducted an online program on August 15 at 11.30 AM in connection with Independence Day Celebration. The program was welcomed by Ancy K. F and presided by Dr. P K Sreekumar president of KPGA. The Independence Day message was delivered by Prof. A. K Chandrashekharan. Mr. Abdul Nazeer and Prof. Janeera Beevi felicitated the program. There were numerous speeches and musical performances by students from various pharmacy colleges. There were also poster presentations. Vote of thanks was proposed by Aby Augustine Union Chairman Nirmala College Chalakkudy. Following the National Anthem, the program wrapped.

2. National pharmacovigilance week, September 17, 2023

KPGA celebrated National Pharmacovigilance week by organising a webinar on in association with IPGA with the theme "Boosting public confidence in pharmacvigilance". The programme started with the welcome address presented by Dr. Jeny Samuel inviting the guest speaker Dr Shirly John, Professor and Head of Pharmacology, Pushpagiri college of pharmacy, Thiruvalla. Madam enlightened the gathering by giving valuable information about all aspects of pharmacovigilance and importance of pharmacists in reporting and management of ADRs. Webinar concluded with doubt cearing sessions and Vote of thanks.

- 3. World Pharmacists Day Celebrations September 25, 2023 KPGA celebrated world pharmacist day jointly with pioneer pharmacy colleges in kerala with the theme 'Pharmacy strengthening health systems' on 25<sup>th</sup> september, 2023 including various events making it a remarkable day. Details as follows
- 1) Sree Gokulam SNGM college of pharmacy organised awareness classes on world pharmacist day. Dr P K sreekumar, Former deputy Drugs Controller and President of KPGA and Dr Jeny Samuel, Associate Professor, St Joseph College of pharmacy were the speakers. Dr. P. K. Sreekumar Delivered a highly informative and interactive talk on the topic 'Know Your medicine'. Dr Jeny Samuel gave an innovative speech on the topic 'Role of pharmacists beyond the counter'.
- 2) Dr Joseph college of pharmaceutical sciences and research celebrated pharmacist day with many vibrant and educational programmes including WPD walk, skit, poster presentation and quiz competition from 9:30 am to 4pm at college campus.

- 3) Ezhuthachan college of pharmacy, Trivandrum organised a function including speech and various programs. The event proceeded with a special honour and recognition award ceremony to some pharma experts from different fields including Academics, Analytical and regulatory, Industry, Clinical pharmacy, hospital and community pharmacy who had extended their invaluable service with sincerety and passion. Dr C R Sudhakaran ( Retd Professor and Head, CPS, TVM), Prof Janeera Beevi S ( Retd prof and Head , CPS, TVM, Former Hod- Pharmaceutical Chemistry, ECPS, TVM), Mr M K Unnikrishna Panicker ( Former PCI member and Former Principal, ECPS , TVM), Smt Sutha T ( Chief government Analyst, Drug Testing Laboratory, Govt of kerala, TVM), Smt Mimoon Khan ( Drug Inspector, Drugs Control department, Govt of kerala), Sri Abdul Nazeer P U ( Production Manager, Krti Life sciences, Chalakudy), Dr Noble Skaria (PvPi/ MvPi Coordinator, Head of Clinical Pharmacology, Apollo Adlux Hospital, Angamaly), Smt Sreeja Kumar ( Pharmacy Coordinator, PRS hospital, TVM), Sri G Arjunan ( Pharmacist, Vijaya Medicals, Marayamuttom) were honoured.
- 4) Dale view college of pharmacy conducted a mega organ donation campaign in association with KPGA which was inaugurated by Dr. Noble Gracious, Nodal officer- KNOS, Assistant professor, Dept of Nephrology, Govt medical college, TVM.
- 5) An Intercollegiate quiz challenge was also conducted by Caritas college of pharmacy in association with KPGA as a part of world pharmacist celebrations.

#### 4. Webinar- October 14, 2023

KPGA organized a webinar on the topic "Evidence Based Guidelines Development- Need of the hour" on 14th october, 2023. The Guest Speaker for this webinar was Dr. Jisha Sara John, Clinical pharmacist, Dept of infectious diseases, CMC, Vellore. The programme started with a prayer song by Ms Namitha, Asst professor, Ezhuthchan college of pharmacy. The moderator of the program was Mr Rajesh Thalaparambath, Pharmacy head, Meitra hospital, Kozhikode and Executive member of KPGA. The welcome address given by executive member of KPGA Dr. Sujith Varma K, Principal, National college of pharmacy, kozhikode and executive member of KPGA. The program was presided by Dr. P K Sreekumar President of KPGA and former Dy Drugs controller followed by felicitations given by Prof Dr K KrishnaKumar, Principal, St James college of pharmacy and Prof Dr Shiji Kumar P S, Principal, Dale view college of pharmacy. Dr Noble scaria, head of clinical pharmacy, Appolo Adlux hospital given the overview of the topic. Moderator introduced the guest speaker to the participants which was followed by the session. In the Session, Dr Jisha sara John gave insight on evidence based guidelines development and importance of patient safety. The webinar was concluded with the question and answer session Finally the vote of thanks was given by Dr Preeja G Pillai, Principal, Mar diascorus college of pharmacy who thanked the guest speaker and all the participants for making this webinar successful.

5. MEDICHOICE- Panel discussion on 'Generic drugs and Branded drugs' and Mental health session, November 2, 2023

A one day symposium MEDICHOICE was jointly organised by the Kerala Pharmacy Graduates Association (KPGA) and Association of pharmaceutical teachers of India (APTI), Kerala state branch at St Joseph College of Pharmacy, Cherthala on November 2, 2023 with a morning session of expert panel discussion on the topic Generic drugs and Branded drugs and afternoon scientific session on mental health.

Morning session of Expert panel discussion on the topic 'Generic drugs and Branded drugs' started at 10 Am including medical professionals, pharmacists, regulatory officials, socialworkers, journalists and public. The session was inaugurated by honourable MLA Smt. Daleema. Topic was presented by Dr. P.K. Sreekumar, President KPGA and the moderator of the program was Smt.Saranya. Snehajan, Bureau Chief, News 18 Keralam. Panelists of the discussion were Dr Sabu. Sugathan (Senior civil surgeon Dist, President KGMOA, Alappuzha), Dr. Sarath Chandran. C (Asst professor, College of pharmaceutical sciences, Pariyaram), Shri. Jayan. Philip (Regional Drug Inspector, Ernakulam), Dr. Sabitha. M, Principal, Amrita School of pharmacy, Kochi), Shri. Sanal. C (Public health worker), Alappuzha. The session was very informative and helped to an extent to bring out the perspective of current status of Generic and Branded drugs in India.

After noon session, Travel with mind' was started by 2PM. The session was led by Shri. Sankar.S, Consultant Psychologist emphasising on the topic 'Mental Health- Need of the hour'. As per today's context, session was very much useful.

6. Pharma meet- Honouring of Mrs Veena Rajesh and Prize distribution of PHARMAFLIX competition, November 15, 2023.

Sree Gokulam SNGM college of pharmacy, Cherthala jointly with KPGA conducted a program PHARMA MEET embracing national week of pharmacy 2023 on november 15, 2023. In this program eminent pharmacist VEENA RAJESH was honoured for her dedicated work, social commitment and contributions during Pandemic in Dubai and Sharjah. Its was a very Joyful occasion and a wounderful programme. Dr P K Sreekumar, Dr Kala, Dr Boby Johns, Mr Abdul Nazeer, Dr Jeny Samuel and Ms Shanthi was present in the programme. Dr Boby Johns enlightened the audience with his informative and valuable session.

Cash price and certificate was distributed to the winners of the video competition PHRMAFLIX, conducted by the Women's Wing, KPGA by the guests.

7. National pharmacy week celebrations, November 23, 2023

Kerala Pharmacy Graduates Association Jointly with KTN College of Pharmacy Celebrated National Pharmacy Weekwith the theme 'Join pharmacists to ensure patient safety' on November 23, 2023 at KTN College of Pharmacy. Inaugural session started at 10 am. The program was inaugurated by Mr. P. U. Abdul Nazeer General secretary, KPGA

followed by inagural speech highlighting the role of future pharmacists. Welcome address was given by Dr KSG. Arul kumaran, Principal, KTN college of pharmacy. The program was presided by P.P. Premkrishnan, Chairman and management trustee, KTN college of pharmacy and thereafter Dr. Boby John, Professor, St Joseph college of pharmacy gave a wonderful felicitation speech. Dr. P.K. Sreekumar, Former Deputy Drugs Controller and President of KPGA gave an informative session on the topic "Give the gift of life- save the blood". Dr. Subhash. Philip, Principal, Dr Joseph Marthoma Institute of pharmaceutical sciences and research enlightened the audience with his talk on the topic 'Role of management in pharmacy'.

Afternoon 2pm, a community programme \$\Bigcup \Bigcup \Bigcup

The programme was well organised and the participants had a good and experience.

#### 8. PHARMA SCIENTIA

A one day national symposium was conducted by Ezhuthachan College of Pharmaceutical sciences (ECPS) on 20/12/2023 jointly with kerala Pharmacy Graduates Association(KPGA) at college auditorium on the topic "Antimicrobial Resistance" with a morning session of Expert panel discussion and an afternoon scientific session.

The program was inaugurated by Former KUHS Vice chancellor and Spectrum Director of NIMS, Dr.M.K.C. Nair, along with neyyattinkara MLA, K. A. Ansalan. Therafter Panel discussions started with an introduction speech on AMR by Dr.Merlin.N. J., professor and HOD of the department of pharmacology, ECPS. Panel discussions were chaired by Dr. S. M. Sandhya, professor and HOD, department of pharmaceutical chemistry, ECPS and moderated by DR. P. K. Sreekumar, Former Deputy Drugs Controller and President of KPGA.

Members of the panel were Dr. Sunitha kumari R, Medical Officer, Community Health centre Perumkadavila, Dr. M. S. Sajeev kumar, Assistant Drugs Controller, Drugs Control Department, Govt of kerala, Dr Santhanu Chattopathyay, Scientist, Rajiv Gandhi Centre for Biotechnology, Sri Naveen Chand O C, President, kerala State Pharmacy Council and Dr Preeja G Pillai, Principal, Mar Dioscorus College of Pharmacy.

The afternoon session started after lunch break and Oral and E poster presentation by various candidates on the topic AMR. The session started with an introductory address of Dr. M. K. Unnikrishna Panicker, Former Member of Pharmacy Council of India and Chaired by Mr. S. S. Venkatakrishnan, Rtd Drugs controller of kerala. The scientific session was

handled by Dr.Chitra.L,R Clinical Microbiologist, Control Room Nodal Officer,District Medical Office, Thiruvananthapuram. Her excellent talk on the topic AMR- A Global Threat enlightened the audience.

Overall, the program covered all the minute aspects of Antimicrobial Resistance in a very informative manner and highlighted the relevance of the topic in current treatment strategy.

#### 9. PHARMACOMPETENCIA 2024

A one-day National Seminar was organized by KPGA Women's Forum in collaboration with Dr. Mathoma Institute of Pharmaceutical Sciences and Research (JMIPSR) in Kattanam on 3<sup>rd</sup> february, 2024 successfully hosted over 600 participants from diverse sectors, including students, faculty, community pharmacists, and hospital pharmacists. The program was inaugurated by Rev. Jacob Varghese, Administrator, St. Thomas Hospital and group of institutions. The welcome address was given by Dr Ansa, Philip, Prinicipal, JMIPSR College of Pharmacy, Kattanam. Dr. Kala. D, Principal, SreeGokulam SNGM college of pharmacy, Thuravoor presided over the function and followed by felicitations given by Mr. Abdul Nazeer, Secretary, KPGA and Dr. Preeja G PIllai, Principal, Mardiascorus college of pharmacy, Sreekaryam.

The first session on stress management was chaired by DR. Mahalekshmi, Drug Inspector, Ernakulam and the moderator was Mr. Krishnakumar, Associate professor, JMIPSR, Kattanam. The session by the guest speaker Dr. Aishwarya. R. Nair, Associate Professor, Psychiatry, Travancore Medical College, Kollam proved to be a true stress buster for all participants.

The second session by Dr. Prasanth, Asst Professor, Department of pharmaceutical chemistry, Amrita school of pharmacy on tips for pharmacy PSC exams was an insightful session particularly beneficial for those aspiring to attend the forthcoming PSC examination. Ms. Sameeha Hassan, CEO and Managing Director, Med academy, Thrissur and Dr P. K. Sreekumar, President KPGA and Former Deputy drugs Controller was the moderator of the session. The vote of thanks was given by Dr. Jeny Samuel, Associate Professor, St. Joseph College of pharmacy, Cherthala and Validatory address was given by Dr. Subash. Philip, Vice principal, JMIPSR, kattanam.

Also, On behalf of International Women's Day, KPGA women's forum honoured Dr Lekshmi R, Assistant professor, Dept of Pharmacy Practice, St Joseph College of pharmacy, Cherthala who is also a life member of KPGA and served as dedicated soveneir committee member in KPC 2023 for acquiring Doctrate and Arathy S Mohan, Asst Professor, Dept of Pharmacology, JMIPSR in recognition for her valuable contributions in pharmacy profession.

Overall, the program stands as another accomplishment for KPGA.

#### 10. Webinar on Clot Management and prevention: Journey Through Anticoagulants

KPGA organized a webinar on the topic "Clot Management and prevention: Journey Through Anticoagulants" on 8<sup>th</sup> March,2024, 7 pm. The programme started with a prayer song by Ms Aathira R S, Faculty, PharmaTok, Hyderabad. The moderator of the program was Mr Rajesh Thalaparambath, Pharmacy head, Meitra hospital, Kozhikode and Executive member of KPGA. The master of the ceremony was Ms. Sonu. Benny, Phd scholar, Amrita School of Pharmacy, Kochi. The welcome address given by Mr. Abdul Nazeer, Secretary, KPGA. The program was presided by Dr. P K Sreekumar President of KPGA and former Dy Drugs controller followed by felicitations given by Dr Sujith Varma, Principal, National College of pharmacy, Kozhikode, Dr. Shaiju Dharan, Principal, Ezhuthachan College of Pharmacy, TVM, Dr. Nishith MC, Drug Inspector, Drugs Control Department, Malappuram, Dr. Shiji Kumar, Principal, Dale View College of pharmacy, TVM . The Guest Speaker of the session was Dr. Vikas. PV, Asst Manager, Clinical Pharmacy Services, Meitra Hospital, Kozhikode. Dr. Cinu Thomas A, Professor and Vice principal, Caritas College of pharmacy, Ettumanoor chaired the session.

Moderator introduced the guest speaker to the participants which was followed by the very informative session on Clot management and Anticoagulant Therapy by Dr Vikas which covered all the basic aspects and new strategies in anticoagulant therapy. The webinar was concluded with the question and answer discussion. Finally the vote of thanks was given by Dr David Paul, Assistant professor, Department of Pharmaceutical Analysis, NIPER, Kolkata who thanked the guest speaker and all the participants for making this webinar successful.

# 11. Condolence Meeting on the loss of Dr Muhammed Majeed- Pioneer in the neutraceutical Industry.

Dr. Muhammed Majeed the founder and chairman of the Sami-Sabinsa Group - the largest exporter of natural nutraceutical ingredients in India - passed away on March 13, 2024, due to complications from surgery. With a wealth of experience spanning over 45 years in various industries such as pharmaceuticals, biotechnology, molecular biology, nutrition, and cosmetics, Dr. Majeed embarked on his academic journey by obtaining a B Pharm degree from Trivandrum Medical College. Subsequently, he pursued further studies in the United States, earning an MS in Pharmacy and a Ph.D. in Industrial Pharmacy. His legacy was anchored in research, scientific discovery and product innovation. Throughout his career, Majeed received recognition from various Indian-American organizations and was honored as the "Father of the Indian Nutraceuticals Industry" at a virtual conference held by the Associated Chambers of Commerce and Industry of India (ASSOCHAM) in 2021.

His pioneering spirit and dedication to innovation have left an indelible mark on pharmacy field. Kerala Pharmacy Graduates Association conducted a condolence meeting on 13 march 2024, 8pm and extended heartfelt condolences to his family and loved ones. During the meeting all the participants especially KPGA senior members shared about his leadership ship quality, kindness, unwavering support to our association and the profession and all other members expressed deep sorrow and grief over the demise of Dr Muhammed Majeed.